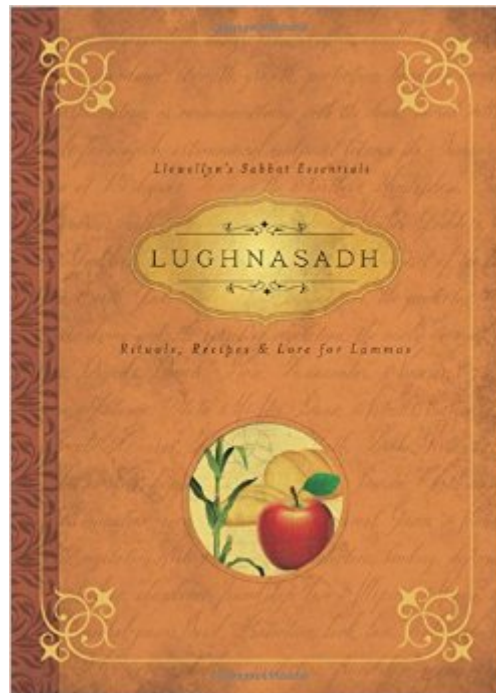


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# Lughnasadh: Rituals, Recipes & Lore For Lammas (Llewellyn's Sabbat Essentials)



## Synopsis

Lughnasadh •also known as Lammasâ •is the beginning of the harvest season, marking the point where the first fruit of the land has ripened. This guide to Lughnasadh shows you how to perform rituals and work magic around the gratitude we feel for plants that have come to fruition and explore themes of fertility, protection, and reflection. Rituals Recipes Lore Spells Divination Crafts Correspondences Invocations Prayers Meditations Llewellyn's Sabbat Essentials explore the old and new ways of celebrating the seasonal rites that are the cornerstones of the witch's year.

## Book Information

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Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (20 customer reviews)

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## Customer Reviews

Best author in this series by a landslide. If the whole series had been this good, I wouldn't have returned it. The author knows how to do her research regarding the history of the holiday and how to write prayers and rituals for the modern Wiccan.

I keep saying how wonderful these books are but it's true. I've been trying so long to find lore on the Sabbats and these give it to me. They show the old ways Pagans held their Sabbats and then how we do it today. Get this book and you'll learn something new.

I think this is my favorite of the books in this series I have read so far. Due to the nature of the

holiday, it focuses on Lughnasadh as well as Lammas, with good ideas for celebrating and honoring either or both. It's an in-between holiday- both a part of summer, yet looking to the autumn- so focusing on games and "first fruits" are both very appropriate. One quibble: a number of the prayers and invocations invite various gods to actually inhabit one's body. Unless one has a working relationship with that particular deity, this strikes me as potentially risky, and the risks of doing this are not mentioned.

i'm collecting the whole series of Llewellyn's sabbat books. i love the tips, correspondences, spells and history included in these books. i highly recommend this series for new witches as well as more experienced ones. a great reference tool.

This entire series is worth buying if you are interested in more information on the Sabbats. Rituals, prayers and even recipes and crafts are listed in these books for the occasion. A must have in everyone's collection! :D

I purchased the set of the pagan holiday books as a treat for myself and so far I have enjoyed them.

Nicely written for those who just beginning to explore earth based religions

For all pagans, great wheel of the wheel info

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